



# Umatilla High School Athletics

Quick steps for parents/students using the online athletic clearance process

1. Set up a profile on the Athletic Clearance website:  
[athleticclearance.fhsaahome.org](https://athleticclearance.fhsaahome.org)
2. Click “Add new clearance” and follow steps. If you have previously created an account, sign in with that username/password.  
Watch tutorial video if help is needed:  
<https://www.youtube.com/watch?v=bAkE2pPMzdM>
3. Choose school year (2025-26)
4. Choose school: Umatilla will be toward the bottom of the list, it goes in alphabetical order
5. Choose sport: Please include all sports your child is interested in playing, even if they’re not sure they will play. Select a sport then click “add new sport” until you are done listing them.
6. Athlete and Parent/Guardian information will need to be completed. Please answer all questions.
7. Health insurance is required for participation in all sports. If you need to purchase insurance for your child, please direct questions to Deta Brunson (Athletic Director) or Jordan Rowell (Athletic Trainer)
8. The concussion, heat illness, and sudden cardiac arrest videos are required for all athletes. Please make sure to upload completed certificates once finished.
9. Once you have fully completed the athletic clearance registration process, your athlete’s information will be sent to the UHS Athletic Department for review. When the student has been cleared for participation, an email will be sent to the email address you created the account with.
10. Please be on the lookout for a reply email letting you know if your child has been cleared to participate. If your clearance is denied, the email will explain what needs to be addressed before your child can be cleared.

### **Additional Information**

- All athletes are required to upload a picture of their completed physical form at the end of their Athletic Clearance registration
  - ONLY UPLOAD PAGE 4 (MEDICAL CLEARANCE FORM)
    - Page 4 must be completely filled out to be accepted
      - ALL Student info at top of page
      - Healthcare provider signature
      - Student AND parent signature/date in the middle section of the form
- The National Federation of State High School Associations (NFHS) has 3 required courses for all athletes. You will find direct links to these videos in the files section of your athletic clearance. All athletes must complete these videos and upload the completed certificate in the appropriate box.
- Health insurance is required for all athletes. If you do not have insurance for your child, FHSAA has partnered with Vertical Insure to provide the minimum required insurance coverage. You can purchase coverage in the Health Information section of your child's clearance
  - Any additional questions, please contact the UHS Athletic Department
- If your child is a transfer student or non-traditional student, there will be additional paperwork required. Please contact the UHS Athletic Department ASAP to receive paperwork.